## Mhat's Gookin' This Meek

Weekly Meals	Shopping List	
SUNDAY	Meat/Poultry/Fish	Produce
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MONDAY		
MONDUT		
	Dairy	
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TUESDAY		0
		0
WODNOODOV		
WEDNESDAY	Breads/Grains	Aisles
THURSDAY		
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	Frozen Foods	$\bigcirc$
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Friday		
		Other
	Household	Other
Saturday		
Saturbat		
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	0	0